



The Creative Grief Studio



"May tender memories soften your grief. May fond recollection bring you relief. And may you find comfort and peace in the thought of the joy your loved one brought."

~Helen Steiner Rice

Creative Grief Holiday Activity

Instructions:

1. Place cookie cutter over your photo to get placement and outline w pen.
2. Embellish your photo if you like.
3. Use glitter glue to adhere cutter to photo. Insert ribbon if you want.
4. After it has dried, cut away the excess outer paper. Trim carefully.
5. Tie off ribbon if you used one. If not, add magnet to back of cutter.
6. Hang on your holiday tree or add to your kitchen fridge.

Optional:

- You can choose to make these hanging ornaments or magnets instead.
- You can do more embellishment on top and side edges of cutters if you like.

To see Kara's step-by-step tutorial [click here!](#)

Tools + Materials

- Cookie cutters
- Photocopy of photos or other artwork
- Glitter glue
- Soft gel acrylic
- X-acto knife
- Markers and/or paints
- Sponge or other brush

Optional:

- Ribbon
- Magnet
- Other embellishment options like crayon, oil sticks, beads, etc.



Big Love,
Cath & Kara

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