



The Creative Grief Studio

"May your coming year be filled with magic and dreams and good madness. I hope you read some fine books and kiss someone who thinks you're wonderful, and don't forget to make some art -- write or draw or build or sing or live as only you can. And I hope, somewhere in the next year, you surprise yourself."

~Neil Gaiman



Creative Grief Holiday Activity

Instructions:

1. Mix cinnamon and glitter with air clay.
2. Roll the air clay into a thin layer and use cookie cutter to make shapes.
3. Skewer hole at the top of the shape so you can wire or string it for hanging.
4. Let it dry out overnight on butcher paper to dry.
5. String or wire it the next day to use an ornament, gift tag, or tree garland.

Optional:

- Add layers of decoration with stamps, pearl-ex, gelly roll pens.
- Write the name of a loved one who has died on one of the ornaments.
- Add the ornament to the tree and invite others to share memories.

For detailed and illustrated step-by-step tutorial, please [click here!](#)

Tools + Materials

- air dry clay
- cinnamon
- silver glitter
- star shaped cookie cutter
- wax paper
- butcher paper
- wood skewer
- rolling pin
- string or ribbons

Optional:

- white pearl-ex
- soft paint brush
- stamps + ink pad
- mesh stencils
- make-up sponge
- Gelly Roll pen
- upcycled floral wire



Big Love,
Cath & Kara

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